



Picturing Wellness

FROM ADVERSITY TO RESILIENCE

March 3rd - 5th, 2016

Hamilton Convention Centre
1 Summer's Lane, Hamilton, Ontario

Target Audience

Health care & service providers working
in Violence Prevention and Resilience Promotion.

Featured Content: Male Sexual Assault.



REGISTER ONLINE @ www.fhs.mcmaster.ca/conted/register.html

Learning Objectives

By attending this activity, participants will be able to:

- Gain an understanding of conceptualizations of resilience in adverse contexts.
- Practice the application of resilience strategies relevant to professional roles & patient outcomes, such as visual thinking strategies, mindfulness, yoga, the use of social media.
- Gain state-of-the-art knowledge in social determinants of health, child maltreatment, sexual exploitation, sexual victimization of male youth, & male mental health.

These objectives align with the CanMEDS 2015 Series IV roles of Health Advocate, Professional, Communicator, Collaborator, & Scholar.



Planning Committee

Chair --

Christine Wekerle, PhD
Associate Professor Clinical
Professor
Department of Pediatrics

Anne Niec, MD, FRCP
Director, Child Advocacy &
Assessment Program
Professor
Department of Pediatrics

Carol Podedworny
Director & Curator
McMaster Museum of Art

Margaret Shkimba
Program Coordinator
Education Services

**Alan Taniguchi, MD,
CCFP, FCFP**
Assistant Clinical Professor
Department of Family
Medicine

Sheilah Laffan
CHSE Program Manager
Continuing Health Sciences
Education
McMaster University

Olaf Kraus de Camargo, MD
Associate Professor
Department of Pediatrics

For More Information

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8:00-8:40	BREAKFAST / REGISTRATION	1:15-1:45	LUNCH
8:40-9:00	<i>Picturing Wellness: A Dynamic Portrait of Resilience in Relations</i> Christine Wekerle, Ph.D. Associate Professor, Department of Pediatrics McMaster University	1:45-2:45	<i>Prevention of Child Maltreatment: Current Progress & Future Prospects</i> Harriet MacMillan, MD, MSc., FRCPC Professor, Department of Psychiatry & Behavioural Neurosciences McMaster University
9:00-9:30	<i>#TEARTalk: Using Social Media to Empower Youth & to Power Change</i> Sarah Rogers, Honours BA. Sociology, SSW Program Manager Victim Services Toronto	2:45-3:00	<i>Picturing Wellness: Crafting the Exhibit</i> Nicole Knibb, BA (Art History) Education Coordinator, McMaster Museum of Art McMaster University
9:30-10:00	<i>Resilience in Indigenous Youth</i> Christopher Mushquash, Ph.D., C. Psych Associate Professor, Department of Psychology / NOSM Canada Research Chair in Indigenous Mental Health & Addiction, Lakehead University	3:15-3:30	<i>Combining Art & Science: A Student Perspective</i> Craig Kung MD Student, Program in Medical Education McMaster University
10:00-10:30	<i>Studies on the Role of Resilience in Mental Health & Addictive Behaviours among Canadian First Nations Youth</i> Sherry Stewart, Ph.D. Professor, Departments of Psychiatry / Psychology & Neuroscience, Dalhousie University	3:30-3:45	<i>From Looking for Missing Pieces to Recognizing the Bigger Picture: What Health Workers can Learn from Art</i> Olaf Kraus de Camargo, MD, Ph.D. Associate Professor, Department of Pediatrics McMaster University
10:30-11:00	<i>Predicting Adolescent Drinking Problems & Drinking Abstinence Among Child Welfare-Involved Youth</i> Amanda Hudson, Ph.D. Post-Doctoral Fellow, Psychology & Neuroscience Department, Dalhousie University	3:45-4:15	SPEAKER Question & Answer
		4:15-4:45	Bus Transfer to McMaster - BREAK
		4:45-6:30	<i>Picturing Wellness Exhibit Viewing</i> McMaster Museum of Art McMaster University
11:00-11:15	BREAK		
11:15-11:45	<i>Mentoring First Nations Youth in Transition to High School</i> Michael Cywink Student Mentor / Research Assistant, Centre for Prevention Science Canadian Association for Mental Health	6:30-7:30	DINNER
		7:30-8:30	KEYNOTE - Sheldon Kennedy Ex-NHL player, Child Abuse Advocate
11:45-12:15	<i>Resilience in Collegiate Youth</i> Abby Goldstein, Ph.D. C. Psych Associate Professor, Department of Applied Psychology & Human Development Ontario Institute for Studies in Education		
12:15-12:45	<i>Can Interventions Designed to Reduce Sexual Offending in Male Youth Also Reduce the Risk of Future Victimization?</i> Sarah Brown, D. Phil., Reg. Psych. Professor, Centre for Research in Psychology, Behaviour & Achievement, Coventry University		
12:45-1:15	Speaker Question & Answer		

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DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST

In keeping with accreditation guidelines, McMaster University, Continuing Health Sciences Education Program requires all speakers & planning committee members participating in this event to disclose any involvement with industry or other organizations that may potentially influence the presentation of the educational materials or program being offered. Disclosure must be done verbally & using a slide prior to the speaker's presentation.

Agenda - Friday March 4, 2016

*Activity subject to change

9:00-10:00	BREAKFAST & NETWORKING
10:00-10:30	<i>Picturing the Landscape of Sexually Exploited Youth Health: What about the Boys?</i> Elizabeth Saewyc, Ph.D. RN., FSAHM, FCAHS Professor, School of Nursing University of British Columbia
10:30-11:00	<i>Research on Resilience Among Sexually Exploited Youth</i> Jones Adjei, Ph.D. Fellow, School of Nursing University of British Columbia
11:00-11:15	BREAK
11:15-11:45	<i>Health Outcomes of Sexually Exploited Boys Globally</i> Katherine Mitchell, MD, MPA Clinical Fellow,, Department of Pediatrics, Division of Adolescent Health & Medicine University of British Columbia
11:45-12:15	<i>Interventions to Foster Resilience Among Sexually Exploited Youth</i> Claire Pitcher, RN MSc Candidate, School of Nursing University of British Columbia
12:15-12:45	<i>Introduction to the Childhood Attachment & Relational Trauma Screen (CARTS)</i> Paul Frewen, Ph.D., C. Psych. Associate Professor, Departments of Psychiatry / Psychology University of Western Ontario
12:45-1:15	<i>Moderated Discussion</i> Abigail English, JD Director, Center for Adolescent Health & the Law
1:15-1:50	LUNCH
2:00-4:00	<i>Jesters Incognito</i> Harrison Wheeler, PGDip Comedian, Writer, Educator, Mental Health Advocate
4:00-5:00	GENTLE YOGA SESSION
6:00-9:00	CIHR TEAM SCIENTISTS & COLLABORATORS (with DINNER) CLOSED SESSION FOR INVITEES ONLY

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Agenda - Saturday March 5, 2016

*Activity subject to change



8:00-8:30	BREAKFAST & NETWORKING
8:30-9:00	<i>Mindfulness Meditation Practice</i> Alan Taniguchi, MD, CCFP Assistant Clinical Professor, Department of Family Medicine McMaster University
9:00-9:30	<i>Mental Health Outcomes Among Males Who Have Experienced Childhood Sexual Abuse</i> Jennifer Lyons, BA, Ph.D (Candidate) Ph.D. Candidate, School of Psychology, University of Ottawa
9:30-10:00	<i>Male-Specific Impact CSA</i> Melanie Tannenbaum, MD Student McMaster University
10:00-10:15	BREAK
10:15-10:45	<i>CSA Disclosure is a Process</i> Heather Gregory, MSW, RSW, Ph.D. (Candidate) Manager, Assessment-Directed Therapy Team Boost Child & Youth Advocacy Centre
10:45-11:15	<i>Child Maltreatment & Family Violence: The Importance of a Trauma-Informed & Evidence-Based Approach</i> Elisa Romano, Ph.D., C. Psych Associate Professor, School of Psychology University of Ottawa
11:15-11:45	<i>Moderated discussion</i> Anne Niec, MD, FRCPC Professor, Department of Pediatrics, McMaster University
11:45-12:30	LUNCH
12:30-1:00	<i>A Trauma-Informed Analysis of the Trajectories & Resilience Among Youth in Group Care</i> Lise Milne, MSW Ph.D (Candidate) Ph.D. Candidate, Centre for Research on Children & Families- School of Social Work, McGill University
1:00-1:30	<i>Mindfulness in the Fourth R (Relationships) Program</i> Debbie Chiodo, MA., M.Ed (Counselling Psychology), Ph.D. (Candidate) Lecturer, Faculty of Education, University of Western Ontario
1:30-2:00	<i>Child Sexual Abuse & Dating Violence</i> Martine Hébert, Ph.D Professor, Department of Sexology Université du Québec à Montréal
2:00-2:15	BREAK
2:15-2:45	<i>A Gaming Approach to Dating Violence</i> Erica Bowen, Ph.D. Professor, Centre for Research in Psychology, Behaviour & Achievement, Coventry University
2:45-3:15	<i>Moderated discussion</i> Christine Wekerle, Ph.D. Associate Professor, Department of Pediatrics McMaster University
3:15-3:30	<i>Closing Remarks</i> Christine Wekerle, Ph.D. Associate Professor, Department of Pediatrics McMaster University

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General Information

CONFIRMATION OF REGISTRATION

A written acknowledgement of your registration will be sent prior to the activity should you provide CHSE with your email address. Receipts will be provided in your registrant package upon arrival at the activity. Your registration is not complete unless a confirmation is received. If you have not received a confirmation within 7 days of registration, please contact the CHSE office.

CANCELLATION POLICY

The University reserves the right to cancel a course due to insufficient registration or any circumstances that are beyond our control. Cancellations received before **February 16, 2016** will be refunded less a 25% administrative fee. No refunds will be issued for cancellations received after this date.

LIABILITY

Continuing Health Sciences Education (CHSE) hereby assumes no liability for any claims, personal injury, or damage:

- To any individual attending this activity.
- That may result from the use of technologies, program, products and/or services at this activity.
- That may arise out of, or during this activity.

ACTIVITY PACKAGE

As the registrant your activity package includes {breakfast, nutritional breaks, & lunch} Your activity lanyard must be worn at all times throughout the day. If you have a guest accompanying you to the activity, their meals are at their own cost & will be billed directly.

SPONSORSHIP

This 3-day conference is the outcome of a CIHR-funded research team grant: Understanding Health Risks and Promoting Resilience in Male Youth with Sexual Violence Experiences.

Funding has also been received from a McMaster University, Forward With Integrity Grant.

PHOTOGRAPHY

Candid photos will be taken at the event. Your registration implies your permission for these photos to be used for promotional material. Individuals in photographs will not be identified.

Accreditation Statement

McMaster University, Continuing Health Sciences Education Program (CHSE) is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME) to provide CFPC Mainpro & RCPSC Maintenance of Certification (MOC) study credits for Continuing Medical Education.

The College of Family Physicians of Canada Mainpro-M1:

This program meets the accreditation criteria of The College of Family Physicians of Canada & has been accredited by McMaster University, Continuing Health Sciences Education Program for up to **12 Mainpro-M1 credits**.

The Royal College of Physicians & Surgeons of Canada MOC Section 1:

This activity is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians & Surgeons of Canada & approved by McMaster University, Continuing Health Sciences Education Program for up to **12 MOC Section 1 hours**.

American Medical Association:

Through an agreement between The Royal College of Physicians & Surgeons of Canada & The American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at:

www.ama-assn.org/go/internationalcme.

Each healthcare provider should claim only those hours of credit that he/she actually spent in the educational activity.

Driving Directions

Hamilton Convention Centre

1 Summers Lane Hamilton ON

From Hamilton International Airport

- Turn right onto Highway 6 to Highway 403 E.
- Take Main Street E Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre by Carmen's is immediately on the right hand side.

- From Niagara Falls/ Buffalo Take Queen Elizabeth Way Westbound to Highway 403, Hamilton.
- Take the Main Street E Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre by Carmen's is immediately on the right hand side.

From Toronto Pearson International Airport

- Take 427 South to 401
- Follow 401 W to QEW Niagara/ Hamilton
- Take Highway 403 W, Brantford/ Hamilton
- Take the Main Street E Exit.
- Turn left on Summers Lane.
- The Hamilton Convention Centre by Carmen's is immediately on the right hand side.

The Hamilton Convention Centre by Carmen's has 2000 underground parking spots available for your convenience.

1 Summers Lane, Hamilton, ON L8P 4Y2

T: 905.525.2020

E: info@hcc-events.ca





Registration Form

Picturing Wellness: From Adversity to Resilience - March 3-5, 2016

Hamilton Convention Centre, 1 Summers Lane Hamilton ON

Registration Fees include Breakfast, Lunch, Refreshment Breaks & Promotional Material.

This is an electronic PDF form. You can type directly in the spaces provided online using any PDF software. You must then print & submit it to us via mail, fax or in person. This is NOT an online registration.

Dr. Mr. Mrs. Miss. Ms.

I CONSENT to having my name, address & email added to the CHSE mailing database for upcoming CME activities: Yes No

Surname Given

Profession: FP RN Healthcare Provider Other Specify _____

Address

City Province Postal Code

Area Code Phone - Area Code Fax Cell -

FOR OFFICE USE ONLY
Activity Code: WELLNESS2016

Email

Payment By: Visa M/C AMEX Cash Cheque Amount \$.

*Please make cheque payable to "McMaster University"
**Cheque must be received one week prior to the date of the activity.

Card Number

Month Year Signature CVD (*found on the back of card)

OTHER NOTES

SPECIAL DIETARY REQUIREMENTS/DIETARY RESTRICTIONS:

For those with special dietary needs some accommodation may be available:

Vegetarian: _____ Allergies: _____ Other: _____

(Please note: special meal requests may require an additional fee. Contact our office for details)

MEAL PACKAGES for guests may be purchased. Contact the CHSE Coordinator for more information.

PLEASE IDENTIFY ANY ACCESSIBILITY NEEDS: _____

CHILDREN ARE NOT PERMITTED in the live activity setting as it distracts from the learners.

PERSONAL SUPPORT: If you require personal support at this activity, the health aid provider must register in advance at the general public rate.

Registration Fees

***EARLY BIRD

before January 30, 2016 - \$385
Student Rate - \$195

After January 30, 2016 - \$450
Student Rate - \$225

There are 5 ways to REGISTER...

1. ONLINE @ www.fhs.mcmaster.ca/conted/register.html

2. BY PHONE

Call 905 525-9140 ext 22671 (Visa, MasterCard or AMEX are accepted)

3. IN PERSON

Bring your completed registration form with Visa, MasterCard, AMEX, cheque or cash payment to the:

Continuing Health Sciences Education Program
100 Main Street West, 5th Floor, Room 5004
Hamilton, ON L8P 1H6

Mon. to Fri. between the hours of 09:30 – 16:00

4. BY FAX

Fax the completed registration form with a Visa, MasterCard or AMEX number to: 905-572-7099

5. BY MAIL

Mail your completed registration form to:
Continuing Health Sciences Education Program
1280 Main St. W., DBHSC, Room 5004, Hamilton, ON L8S 4K1