

# SUBMISSIONS TYPE

## AUTHOR GUIDELINES

The *International Journal of Child and Adolescent Resilience (IJCAR)* publishes peer-reviewed original articles, reviews and correspondence on all aspects of Child and Adolescent Resilience. IJCAR is a platform for high-quality, relevant research for researchers, policy-makers, and practitioners to support knowledge mobilization and exchange, understanding of complex childhood and adolescent issues, and inform decisions to promote health and resilience.

Manuscripts will be considered for publication with the understanding that the work has not already been reported in a published paper or accepted for publication elsewhere in print or in electronic media.

All original contributions are reviewed by the co-editors and sent to two or more external reviewers as part of a double-blind peer review process. The co-editors reserve the right to make editorial changes in all matter published in the Journal.

Our style requirements follow those of the American Psychological Association. Submissions should be prepared according to the guidelines in the *Publication Manual of the American Psychological Association* (6th edition). These can be found at [www.apastyle.org](http://www.apastyle.org).

### Quantitative Research

Maximum word length: 5,000 words, not including abstract, tables/figures, references  
Structured abstract: 250 words, with the headings Objectives, Method(s), Results, Conclusion and Implication

### Qualitative Research

Maximum word length: 5,000 words, not including abstract, tables/figures, references  
Structured abstract: 250 words, with the headings Objectives, Method(s), Results, Conclusion and Implication

### Commentary

Maximum word length: 1,500 words, not including abstract, tables/figures, references  
Text abstract: 200 words  
Maximum combined number of tables and figures: 3

### Review

Maximum word length: 7,000 words, not including abstract, tables/figures, references  
Structured abstract: 250 words, with the headings Objectives, Method(s), Results, Conclusion and Implication  
References: Provide links if required to lists of retrieved and excluded articles

### Brief Reports

Maximum word length: 1,500 words, not including abstract, tables/figures, references  
Text abstract: 200 words  
Maximum combined number of tables and figures: 5

## Conflicts of Interest

Any relationship (including financial, professional and personal) with an organization or person that may inappropriately influence the research on which a manuscript is based, must be disclosed at the time of submission.

## Funding Sources

Any funding sources and the roles that they play must be disclosed at the time of submission.

## MANUSCRIPT PREPARATION

For submission, go <http://in-car.ca/ijcar/ojs/login> and either register as a IJCAR author or login with your user name and password.

To ensure the integrity of the blind peer review for submissions to the IJCAR, please ensure that all identifying information is removed (i.e., authors/affiliations, header/footer, properties, and acknowledgements section). Please check to see if the following steps have been taken with regard to the text and the file properties:

1. The authors of the document have deleted their names from the text.

To remove author identification when using Microsoft Office documents, go to "File" in Word and click on the following: File > Save As > Tools (or "Options" if using a Mac) > Security > Remove personal information from the file properties on save > Save.

To remove author identification when using PDFs, the authors' names should also be removed from Document Properties found under "File" on Adobe Acrobat's main menu.

The manuscript must be double-spaced and pages must be numbered consecutively starting at "1" (i.e., not "0" for title page), including abstract, text, references, tables and figures. Please submit your manuscript with line numbers.

## TITLE PAGE

The title page of the blinded version of the submission should include:

1. type of submission;
2. title;
3. short running title of no more than 50 characters including letters and spaces
4. word count of abstract;
5. word count of body of the text (i.e., not including references, tables, figures).

Once an article has been accepted for publication, the corresponding author will be asked to provide a fully-identified version of the manuscript.

The title page of the fully-identified manuscript should include in addition to the above:

1. First name, middle initial, and last name of each author, with highest academic

degree(s), and the name(s) of department(s) and institutions to which the work should be attributed;

2. Name, address, telephone number, fax number and e-mail address of the author responsible for correspondence;

3. Any necessary acknowledgements of sources of support (funding and otherwise);

4. A conflict of interest statement

## TEXT

Divide the text into sections headed Introduction, Methods, Results, Discussion and Implications.

Approval should be obtained from a recognized ethics approval board for studies involving human subjects. This approval should be indicated in the Methods section.

## REFERENCES

The style for references is based on APA style. See examples that follow at:

<http://owl.english.purdue.edu/owl/resource/560/01/>

## TABLES

Tables should be double-spaced and numbered consecutively using Arabic numerals, and included in the original blinded Word document. Supply a brief title for each table.

Example of style:

**Table 1.** Demographic Characteristics of Survey Participants

Give each column and row a brief or abbreviated heading. Do not use vertical or horizontal rules in the body of tables. Cite each table in the text in consecutive numerical order.

Place explanatory matter in footnotes, using the following symbols, in this sequence:

\*, †, ‡, §, ||, ¶, \*\*, ††, ‡‡, etc.

## FIGURES

In the original submission for blinded peer review, figures should be included within the submitted manuscript.

In the final submission, after the manuscript has been accepted for publication, the corresponding author will be asked to upload the figures as high resolution (at least 300 dpi) files in .eps, .tif, or .pdf format.

Number figures consecutively in Arabic numerals and supply a brief title for each.

Example of style:

**Figure 1.** Distribution of the total number of depression cases in New Mexico, U.S. between April 2000 and July 2011

Place explanatory matter in footnotes, using the following symbols, in this sequence:

\*, †, ‡, §, ||, ¶, \*\*, ††, ‡‡, etc.